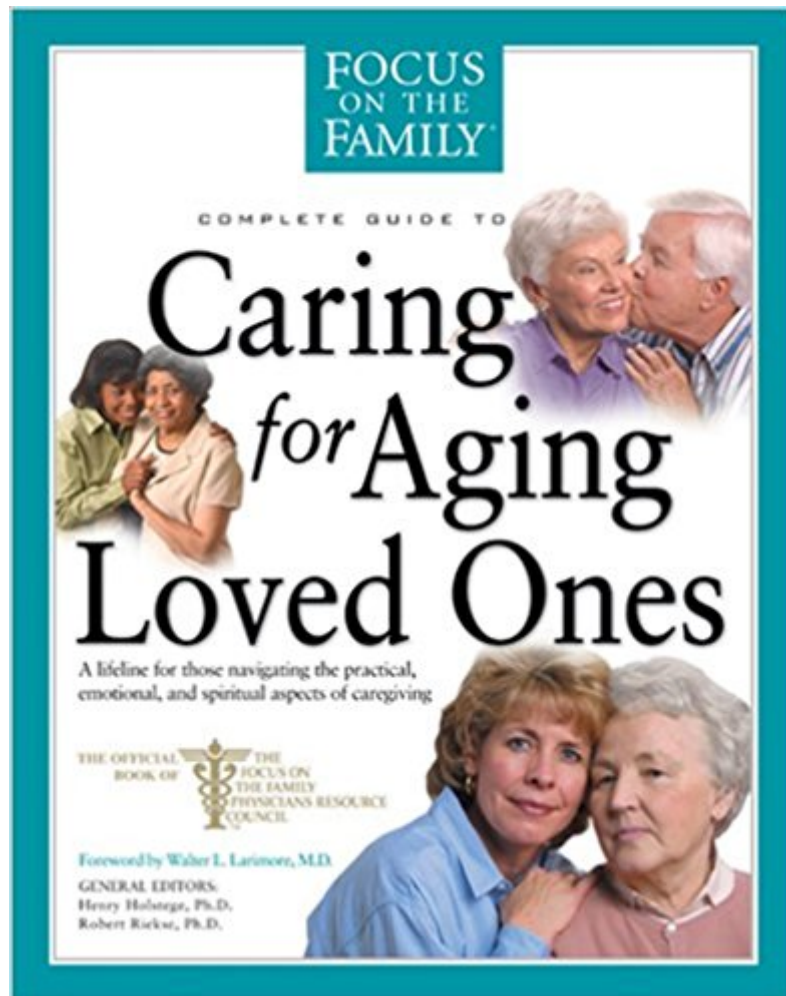




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# Caring For Aging Loved Ones (FOTF Complete Guide)



## Synopsis

Whether you're preparing for the responsibility or are in the midst of caring for an elderly loved one, this complete guide from Focus on the Family provides the practical information you needâ•and a spiritual and emotional lifeline. Topics include burnout; physical, emotional, and mental changes in aging; medical, financial, and legal help; elder abuse; choosing a care facility; and end-of-life decisions. Caregivers will also learn what the Bible says about caregiving and the keys to effectively fulfilling that role. True stories throughout the guide share common concerns and a sense of support from those who have been there.

## Book Information

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## Customer Reviews

Because Americans are living longer, one of the fastest-growing family categories in the U.S. Census is caregivers for the elderly, according to this authoritative guide, which was produced under the auspices of the Focus on the Family Physicians Resource Council. Despite the proliferation of nursing homes, the majority of the elderly are cared for by their families, with all the attendant issues of physical burnout and time and money constraints. This guide, written from a decidedly spiritual perspective, deals with every aspect of aging--physical, emotional, mental, relational, and spiritual. It discusses the how-to's of successful aging (the importance of staying active and the significance of spirituality to the length and quality of life) and caregiving (cultivating a patient attitude and joining support groups). Although the book focuses on caring for the elderly at home, it also offers advice on when and how to deal with the decision to place loved ones in a

nursing home. Finally, the guide helps the caregiver cope with death and grief. A sensitive, comprehensive resource. Vanessa Bush Copyright © American Library Association. All rights reserved --This text refers to an out of print or unavailable edition of this title.

Caring for an aging loved one just got easier-- with the help of this complete caregiving resource manual! Finally, a comprehensive guide to help you manage the practical, emotional, and spiritual aspects of caregiving brought to you by your friends at Focus on the Family. Are you caring for-or facing the prospect of caring for-an aging parent, grandparent, spouse, relative, or friend? Do you feel unprepared for dealing with multiple caregiving responsibilities? Are you weary and wishing you could get more support? If you answered yes to any of these questions, then this book is for you. "The Complete Guide to Caring for Aging Loved Ones" is an indispensable resource filled with practical information on such difficult topics as: choosing the best long-term-care facility for your loved one, dealing with the often-complicated family dynamics of caregiving, coping with memory loss and dementia, and making wise decisions regarding end-of-life care. You also will find real-life stories from other caregivers, information on caring for common health problems, and an up-to-date directory of senior resources and state-by-state agencies on aging. This valuable resource will help you to: find quality medical, professional, and social services gain support from family members and friends understand emotional and physical changes in aging care for an elder with Alzheimer's disease deal with common health problems in the elderly avoid burnout by taking care of yourself help your elder to remain at home or find an appropriate living environment protect your loved one from abuse, fraud, and scams encourage and support your elder's faith as well as your own make wise decisions regarding legal issues, finances, and insurance deal with end-of-life issues A must-have for today's caregiver, "The Complete Guide to Caring for Aging Loved Ones" will enlighten you, inspire you, encourage you, and help you to care for your elder with confidence and compassion.

I know the editor and he had lost his copy so I gifted it to him. He was thrilled.

If you have a parent who is in the hospital or declining in health quickly, this book is a good resource to help you cope and deal with your new normal. Also good to share with the parent that is caring for the loved one.

This book was my guide through the care of my mother until she passed. I would recommend this

book to anyone who contemplates taking care of a family loved one. It had a lot of information to focus on and even comforting thoughts to think about when you are in their end stages. I would recommend this book. Thanky Focus on the Family.

This book has been very helpful and full of wonderful information.

This book gives the biblical basis for caring for aging loved ones. It also provides practical help, guidance and direction. Although I haven't finished reading it, so far I am pleased with the practical directions, the personal "testimonials" from actual caregivers, and the extensive information about where to look for outside assistance (websites, phone numbers, agencies, etc.)

Been caring for my father. Book is extensive and written well.

Great!

excellent quality. fast service.

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